




November 2019 Create Academy Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**Choice of 1% white or fat free chocolate milk served with each				1 Breakfast Burrito(2) Fruit(1) & 100% Juice(1)
4 Cinnamon Pop Tart(1.25) Fruit(1) & 100% Juice(1)	5 Trix Cereal Bar(1) Fruit(1) & 100% Juice(1)	6 Strawberry Yogurt Chex(1) Fruit(1) & 100% Juice(1)	7 Chocolate Donuts(2) Fruit(1) & 100% Juice(1)	8 NO SCHOOL STAFF DEVELOPMENT
11 NO SCHOOL VETERAN'S DAY	12 Cinnamon Toast Crunch Cereal Bar (1) Fruit (1) & 100% Juice(1)	13 Apple Frudel (2) Fruit(1) & 100% Juice(1)	14 Blueberry Loaf (1)w/String Cheese Stick(1) Fruit(1) & 100% Juice(1)	15 Chocolate Crescent(2) Fruit(1) & 100% Juice(1)
18 Cinnamon UBR round(2) Fruit(1) & 100% Juice(1)	19 Fruity Cheerios Cereal Bar(1) Fruit(1) & 100% Juice(1)	20 Glazed French Toast(2) Fruit(1) & 100% Juice(1)	21 Grape Crescent(2) Fruit(1) & 100% Juice(1)	22 Sausage Pancake Wrap(2) Fruit(1) & 100% Juice(1) PARK DAY!
25 Strawberry Pop Tart (1) Fruit(1) & 100% Juice(1)	26 Cocoa Puffs Cereal Bar(1) Fruit(1) & 100% Juice(1)	27 NO SCHOOL!  Happy Thanksgiving	28 NO SCHOOL THANKSGIVING DAY!  Happy Thanksgiving	29 NO SCHOOL  Happy Thanksgiving

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of 1% white or fat free chocolate milk served with each meal				1 *Potato Wedges w/ Cheese *Hero Sub *BBQ Chicken Salad *Peanut Butter Grab N' Go w/Juice & Potato Wedges
4 *Chicken Nuggets *PB&J Uncrustable *Chicken Taco Salad *Yogurt Grab N' Go w/Fruit & Go'Bonzo Beans	5 *Red Chili, Cheese & Bean Burrito *Ham Sub *Buffalo Chicken Salad *Yogurt Grab N' Go w/Fruit & Celery/Carrot	6 *Cheese Pizza *Turkey Sub *Popcorn Chicken Salad *Yogurt Grab N' Go w/ Juice & Salad	7 *Meatball Sub *PB&J Uncrustable *Chicken Caesar Salad *Yogurt Grab N' Go w/ Juice & Carrot/Pickle	8 NO SCHOOL STAFF DEVELOPMENT
11 NO SCHOOL VETERAN'S DAY!	12 *Whole Grain Nachos *Ham Sub *Buffalo Chicken Salad * Peanut Butter Grab N' Go w/Fruit & Celery/Carrot	13 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad * Peanut Butter Grab N' Go w/ Juice & Salad	14 *Meatloaf Minis *PB&J Uncrustable *Chicken Caesar Salad * Peanut Butter Grab N' Go w/ Fruit & Mashed Potatoes	15 *BBQ Chicken Drumstick *Hero Sub *BBQ Chicken Salad * Peanut Butter Grab N' Go w/Juice & Carrot/Celery
18 *Chicken Sandwich *PB&J Uncrustable *Chicken Taco Salad *Grab N' Go: Cheese w/Fruit & Go'Bonzo Beans	19 *Popcorn Chicken, Corn & Potatoes *Ham Sub *Buffalo Chicken Salad *Cheese Grab N' Go w/Juice & Mashed Potatoes	20 * Cheese Pizza *Turkey Sub *Popcorn Chicken Salad *Cheese Grab N' Go w/ Juice & Salad	21 **Thanksgiving Feast** Roasted Turkey w/ Mashed Potatoes & Gravy Green Beans Spiced Apples & Pumpkin Pudding Whole Grain Bread	22 *Chicken Teriyaki w/ Rice *Hero Sub *BBQ Chicken Salad *Cheese Grab N' Go w/Fruit & Carrot/Celery PARK DAY!
25 * Chicken Corn Dog *PB&J Uncrustable *Chicken Taco Salad *Yogurt Grab N' Go w/Fruit & Go'Bonzo Beans	26 *Cheeseburger on WG Bun *Ham Sub *Buffalo Chicken Salad *Yogurt Grab N' Go w/ Juice & Pickle	27 NO SCHOOL 	28 NO SCHOOL THANKSGIVING DAY! 	29 NO SCHOOL! 

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