

September 2019 Create Academy Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO MEAL SERVICE	3 *Whole Grain Nachos *Ham Sub *Buffalo Chicken Salad *Cheese Grab N' Go w/Fruit & Refried Beans/ Carrot	4 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad *Cheese Grab N' Go w/Juice & Salad	5 *Meatloaf Minis *PB&J Uncrustable *Chicken Caesar Salad *Cheese Grab N' Go w/Fruit & Mashed Potatoes/Carrots	6 *BBQ Chicken Drumstick *Hero Sub *BBQ Chicken Salad *Cheese Grab N' Go w/Juice & Celery/Carrot
9 *Chicken/Hot N'Spicy Chicken Sandwich *PB&J Uncrustable *Chicken Taco Salad *Yogurt Grab N' Go w/Juice & Ranch Beans	10 *Popcorn Chicken, Potato & Corn Bowl *Ham Sub *Buffalo Chicken Salad *Yogurt Grab N' Go w/Fruit & Mashed Potatoes	11 *Cheese Pizza *Turkey Sub *Popcorn Chicken Salad *Yogurt Grab N' Go w/Juice & Salad	12 *Chicken Teriyaki & Rice *PB&J Uncrustable *Chicken Caesar Salad *Yogurt Grab N' Go w/Fruit & Celery	13 *Mac N' Cheese *Hero Sub *BBQ Chicken Salad *Yogurt Grab N' Go w/Fruit & Carrot PETER PIPER PIZZA NIGHT 4-7PM
16 *Corn Dog *PB&J Uncrustable *Chicken Taco Salad *Peanut Butter Grab N' Go w/Fruit & Ranch Beans	17 *Cheeseburger *Ham Sub *Buffalo Chicken Salad *Peanut Butter Grab N' Go w/Juice & Whole Pickle	18 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad *Peanut Butter Grab N' Go w/Juice & Salad	19 *Cheese Quesadilla *PB&J Uncrustable *Chicken Caesar Salad *Peanut Butter Grab N' Go w/ Fruit & Carrots	20 *Cheesy Chicken & Tots *Hero Sub *BBQ Chicken Salad *Peanut Butter Grab N' Go w/Fruit & Tots
23 *Chicken, Cheese & Bean Burrito *PB&J Uncrustable *Chicken Taco Salad *Cheese Grab N' Go w/Fruit & Ranch Beans	24 *BBQ Chicken Sandwich *Ham Sub *Buffalo Chicken Salad *Cheese Grab N' Go w/Fruit & Whole Pickle	25 *Cheese Pizza *Turkey Sub *Popcorn Chicken Salad *Cheese Grab N' Go w/Juice & Salad	26 *Orange Chicken & Rice *PB&J Uncrustable *Chicken Caesar Salad *Cheese Grab N' Go w/Fruit & Carrot	27 *Potato Wedges & Cheese *Hero Sub *BBQ Chicken Salad *Cheese Grab N' Go w/Juice & Potatoes
30 *Chicken Nuggets *PB&J Uncrustable *Chicken Taco Salad *Yogurt Grab N' Go w/Fruit & Ranch Beans				**Choice of 1% white or fat free chocolate milk served with each meal**

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September 2019 Create Academy Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO MEAL SERVICE	3 Cinnamon Toast Crunch Cereal Fruit & 100% Juice	4 Apple Frudel Fruit & 100% Juice	5 Blueberry Loaf w/String Cheese Stick Fruit & 100% Juice	6 Chocolate Crescent Fruit & 100% Juice
9 Cinnamon UBR round Fruit & 100% Juice	10 Lucky Charms Cereal Fruit & 100% Juice	11 Glazed French Toast Fruit & 100% Juice	12 Grape Crescent Fruit & 100% Juice	13 Sausage Pancake Wrap Fruit & 100% Juice PETER PIPER PIZZA NIGHT 4-7PM
16 Strawberry Pop Tart Fruit & 100% Juice	17 Cocoa Puffs Cereal Fruit & 100% Juice	18 Mini Cinnis Fruit & 100% Juice	19 Powdered Donuts Fruit & 100% Juice	20 Turkey Sausage Sandwich Fruit & 100% Juice
23 Chocolate Chip UBR round Fruit & 100% Juice	24 Apple Cinnamon Cheerios Fruit & 100% Juice	25 Pancakes w/Syrup Fruit & 100% Juice	26 Chocolate Filled Cocoa Puffs Bar Fruit & 100% Juice	27 Breakfast Burrito Fruit & 100% Juice
30 Cinnamon Pop Tart Fruit & 100% Juice				**Choice of 1% white or fat free chocolate milk served with each meal**

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